

10 April 2008



Board of Administrators: Vitor Rodrigues; President, Bernadette Blin-Lery, Elena Francisc, Ingo Jahrsetz and Beata Bishop

Newsletter Editor: John Drew

Please sign up to the Barcelona Conference – see 1 below

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1. Tenth EUROTAS Conference in Barcelona, 29 October – 2 November 2008

The Planet, culture and consciousness – the development of humanity in the 21st Century

Planeta, cultura i consciència. Desenvolupant la humanitat del segle XXI

A note from Magda Sole and her Barcelona Team

Dear Friends

Time goes by very quickly and the spring 2008 has arrived. We are glad to tell you that many people have registered for the congress, so a great success so far! We already have more than 50 lectures and workshops of people from twenty-two different countries from all over the world.

If you haven't registered for the Congress it'd be a good moment to do it. There are few places left, and just 21 days for the deadline to register your proposal for conference or workshop.

Please if you wish to offer a workshop or a lecture, send us the information requested below.

The Conference will be held at The Youth Hostel - Nature School "Delta del Llobregat" <http://www.esplai.org/alberg/index.asp>

The cost of the Conference and four days full board is €320.
See the website for more details: [http:// www.eurotasbarcelona2008.eu/](http://www.eurotasbarcelona2008.eu/)

"Love for all cultures, light for consciousness and peace for our lovely planet."

The whole ACT team is feeling very enthusiastic and we would love you to contribute with your work.

Please remember it is of a high importance to register and make the payment if you want to be listed in the programme.

Nice to hear from you soon!

A warm hug! and "Love for all cultures, light for consciousness and peace for our lovely planet."

Magda Solé and team

TEL 34 932800989

magdasole1@gmail.com

<http://www.eurotasbarcelona2008.eu> and <http://act-transpersonal.blogspot.com>

2. European Wide Accrediting Organisation - letter from Jo Schnorrenberg

Dear Mr. Rodrigues,

....

I am psychotherapist since 1980, trained by Stan Grof, trying to integrate transpersonal and spiritual dimensions into psychotherapy, member of SEN, and I am a member of the Ethic Committee of the EAP (www.europsyche.org). I proposed to try to establish a so called "European Wide accrediting Organisation" (EWAO) (s.EAP homepage) for Transpersonal Psychotherapy.

Cordially
Jo Schnorrenberg

Dear Jo,

Thank you very much for your contact....I will get back to you about the subject of Psychotherapy. I have been coordinating our EUROTAS Committee for Certification and Accreditation in Transpersonal Psychotherapy and we have developed a EUROTAS Certificate as a Transpersonal Psychotherapist but we would like to develop some collaboration with the EAP in the future and of course I agree that one important next step is establishing Transpersonal Psychotherapy within the EAP. ...

Warm regards,

Vitor Rodrigues

3. Tanna and the proposed Council of Elders – an update

Dear Friends, Thank you for your response. Let me gather the basic lines of our ideas and suggestions.

1. There is an agreement to set aside the time for an initial Council of Elders plenary circle towards the end of Barcelona conference, to reflect on emerging issues and possible solutions.

2. There are strong suggestions to stay grounded. concrete and connected and focus on being effective by pointing up the importance of our ideas and using proper language to convey our messages.

3. There is proposition that we should prepare for this gathering by sharing our thoughts before Barcelona and meet in small groups during the conference before the actual Council meeting.

If you agree for me to coordinate the preparations for the Council of Elders I suggest the things to ponder and share our reflections:

1. What is Eldership and why we need it in the times we live?

2. What is a purpose of calling the Council of Elders of our European transpersonal community?

3. is there common purpose or shared interest?

4. How to use our wisdom, experience and skills to select and focus on really important issues reflecting the Spirit of the Times and use proper language and venues to convey the messages?

5. How to structure the meeting so we have enough space and time to exchange whatever seems important and open for contributions and questions from the audience?

And the last thing I would like to suggest now is the topic for this very first Council: "Evolution of Planetary consciousness, main threads and where does it lead us". Please come out with your suggestions

So please, let me know if you agree for my role as the coordinator and share your ways of looking for answers...

I see us as a community team that is carried by friendship and inspiration, much love,

Tanna

4. From Heart to Heart – a new book from Anna Maurer and Hans Peter Weidinger

Anna and Hans Peter have published their book: "From Heart to Heart – Love and Encounter in Psychotherapy and Spirituality

The 4th conference of the Austrian Association for Transpersonal Psychology and Psychotherapy (ÖATP) "From Heart to Heart – Love and Encounter in Psychotherapy and Spirituality" was held at Castle Puchberg in East Austria. The conference focused on the phenomena of contact, touch, love, desire, and sexuality in interpersonal relationships, based on a comprehensive perspective that includes

the personal, transpersonal, and spiritual dimensions. The talks of the distinguished presenters are collected in this special book... A colorful edition, filled with wisdom and gathered with much love, tells intimate aspects about the lives of the presenters.

The wonderful conference put into three sentences: "Through love humankind becomes alive. Through humankind love becomes alive. Without love neither humankind nor life exists." (Sylvester Walch)

Anna Maurer, Hans Peter Weidinger (Eds.)

From Heart to Heart – Love and Encounter in Psychotherapy and Spirituality

208 pages, 13,5 x 21,5 cm, Hardcover Euro 20,-, sFr 34,- ISBN 978-3-85052-262-5

Published January 25, 2008

Translated from the German by Regina Hess

Die 4. Tagung des Österr. Arbeitskreises für Transpersonale Psychologie und Psychotherapie (ÖATP) "Von Herz zu Herz - Liebe und Begegnung in Psychotherapie und Spiritualität" im Schloss Puchberg in OÖ widmete sich den personalen, transpersonalen und spirituellen Dimensionen in Begegnungen und beleuchtete Phänomene in zwischenmenschlichen Beziehungen wie Kontakt, Berührung, Liebe, Leidenschaft und Sexualität aus einer umfassenden Sicht. Die Vorträge namhafter ReferentInnen können nun in Buchform nachgelesen werden. Kurze Interviews, in denen man den Vortragenden persönlich begegnet, zeigen, dass sie sich neben der fachlichen Kompetenz auch auf ihrem privaten Lebensweg mit diesen Themen auseinandergesetzt haben. Ein abwechslungsreicher Band voller Weisheit, der mit viel Liebe zusammengestellt wurde und so manches intime Detail aus dem Leben der ReferentInnen verrät.

"Die wundervolle Tagung in drei Sätzen: Durch die Liebe erwacht der Mensch zum Leben. Durch den Menschen erwacht die Liebe zum Leben. Ohne Liebe gibt es weder Mensch noch Leben." (Sylvester Walch)

5. The Hungarian Transpersonal Association

Attila Turoczi writes;

Dear Friends in EUROTAS

We have good news for you. The General Assembly of the Hungarian Transpersonal Association has elected Bence Ganti as President, as well as Agnes Furedi, Petra Bokor, Arpad Mondok and Attila Turoczi as Members of the Executive Board.

Bence is an enthusiastic, motivated and charismatic leading figure of the Hungarian Transpersonal movement. He's a Yoga instructor, a psychologist and runs a school teaching transpersonal psychology. He has been to America, India and the Far East several times and does many other things to promote spirituality, psychology and the combination of the two. More information about him at www.bencelap.hu and a home page in English at www.benceganti.org

Everybody knows Agnes, and some of you know me and Petra. Arpad Mondok is a transdance enthusiast, a disciple of Wilbert Alix, and runs a transdance club in Budapest with another transdance instructor.

This has been the first EB in the history of the HTA where everybody speaks at least English, but most of us speak 2 or 3 languages.

At the same time Bence, Petra and Attila are also part of the Hungarian Transpersonal Psychology Association (MTPE) being organised by Kati Orosz. We hope to officially found it in the spring and make it to be the representative for all the psychologists working in this field or having an eye on this field at least.

We hope we'll have a nice web2 homepage soon.

Our email addresses are: Bence Gánti: bence@bencelap.hu
Attila Turóczi: turoczi@transzperszonalis.hu; Ágnes Füredi:
furedi.agnes@mail.datanet.hu; Petra Bokor: bpetra.brgc@t-online.hu; Árpád
Mondok: arpad.mondok@mcmedia.hu

So far the news in a nutshell, I'll be back with more information as soon as I can.
Hope to see you in Barcelona.

Attila

6. News from the German Transpersonal Association (DKTP)

Wilfried Belschner, past President of EUROTAS writes:

Dear John,
Dear Vitor,

Thanks for the information in the EUROTAS newsletter.

The DKTP is preparing an International Congress on the subject of "Ekstase", May 23 - 25, 2008 at the Medical University Hannover (Medizinische Hochschule Hannover, MHH). If EUROTAS members would like information, please go to website of the congress

www.ekstase-kongress.de

It is the first time that an international forum is dealing with this subject! We would like to welcome you! You will meet all experts in the various fields of ecstasy.

Best regards,
Wilfried

Wilfried is enthusiastic about the Programme "It has now become a must-conference!" he writes: "The programme can't be topped!" Try to make it if you can

7. The Mandala of Being – Bernadette Blin

Bernadette and her collaborators at IRETT are running a 12 day training course developed by Dr Richard Moss. For further details please contact:

Bernadette Blin, 44 rue de la chapelle, 95310 Saint Ouen l'Aumône
tél: 33 (1) 30 37 17 31, fax: 33 (1) 30 37 53 33
email: blinlery@wanadoo.fr site web: www.irett.net

The Mandala of Being™ is a powerful tool for self-exploration developed by Dr. Richard Moss. This tool teaches us to identify the root of our limiting and false identity patterns, and to come back to our essence which is prior to all identities, thus learning to live more and more in the fullness of our being.

Working with the Mandala helps us to answer the question: when I lose touch with my true Self, where do I go? It shows us how we leave the eternal “beginning of ourselves” in the present moment and get lost in the different identities we create that cut us off from our true Self. By becoming aware of the way we distance from ourselves, the Mandala shows us how to come back and once again ground ourselves in the experience of who we are in the present moment. It teaches us how to use the power of awareness. “We are more than anything we are aware of”, says Richard Moss. Rather than to live our lives from the ego’s survival strategies that bring us back again and again into the cycle of suffering, we can instead learn to risk living from the beginning our ourselves, regenerated by the infinite energy of the present moment

This practical tool is born out of the marriage between psychology, meditation and awareness practices, and energy awareness.

For whom is this training?

This training is for anyone who accompanies others in their search for self-awareness. The Mandala is an ideal tool for transpersonal and humanist psychologists, but also for all those who work in a helping profession and who are thus in a position to aid their clients in letting go of their victim identities and to discover who they really are.

Also welcome in this course are those who are not actively working in a helping profession but who want to learn to use this tool for themselves. It is important to keep in mind that the course will take the form of a training module including both theory and practice.

What can you learn from this training?

Therapists who take this training will learn how to use a powerful and efficient tool that will help their clients become aware of their mental, emotional and behavioural patterns and also give them a concrete path for becoming free of these patterns. The work is deeply rooted in the body and in feeling, and it allows us to deepen our connection with that which is not on the level of the ego. This is a holistic, transpersonal tool, integrating the body, the emotions, the mind, the spirit and relationship.

The Mandala of Being™ is a precious tool for therapists. Because it gives us a means for becoming free from limiting patterns in every moment of life, it allows us to experience that we always have the choice in how we respond to the events life brings our way.

First session (5 days in a residential setting) with Richard Moss and Deborah Bacon
Introduction to fundamental concepts underlying the work.

Participants will be requested to practice in the interim between sessions.

Second session (2 days, non-residential) with D Bacon and Lucie Nérot for translation

.
Deepening and clarification of various aspects of working with the Mandala.
Practice.

Third session (5 days in residential) with R Moss and D Bacon
Focus on integrating the tool and refining the skills necessary for working with other people.

8. The Raincloud of Knowable Things – Ian Gordon Brown with Barbara Somers

Hazel Marshall's third edited book about Ian and Barbara's Five Workshops entitled "The Raincloud of Unknowable Things" will be of special interest to many EUROTAS members

The Raincloud of Knowable Things
Ian Gordon-Brown with Barbara Somers
Editor Hazel Marshall
A PRACTICAL GUIDE TO TRANSPERSONAL PSYCHOLOGY
WORKSHOPS HISTORY METHOD.

This beautifully written guide captures the spirit of the pioneering workshops of Ian Gordon-Brown and Barbara Somers which were held in London in the 70's and 80's. It will appeal to the general reader as well as to therapists of various orientations, and fulfils the much-needed role of filling a gap in the published literature of the Transpersonal. The reader is expertly guided through the material, which provides an ideal framework for anyone pursuing a path of personal growth which includes the Higher Self. I am sure it will become a popular text, not only among transpersonal therapists but with a very much wider readership. It deserves to become a standard psychological work.

This is the third book in a series. All of them contain profound material presented by the authors as experiential workshops long before that term became familiar. What is important is that the material taps into something hard-wired and archetypal, containing timeless stuff... Personally, I have found that the workshops do not date but survive the test of time: in being run steadily over the years since Ian's death they

have proved their continuing excellence, working well for participants, myself included.

Ian Thorp, Publisher

Dr Hazel Guest MA, CMath, MAHPP (emerita), UKCP

As a general practitioner, I have increasingly used the Transpersonal exercises and methods described in this book to help people discover the blocks which prevent them changing their life-styles to promote their health. Spot Imaging can help people gain insight into intractable problems, understanding that troubles are not only 'out there' but inside, and to do with feelings and emotions. Those terminally ill have found images that brought them peace and inner tranquillity, helping greatly with the lonely journey they were undertaking. Relaxation and stress management classes using these proven transpersonal ways and exercises have been run over the years in my Practice, helping us explore our many levels of consciousness – our many states of being.

Dr Jonathan Meads MB ChB, DRCOG, MRCGP

Please send your order or enquiry to:

Archive Publishing, Unit 3, Stone Lane Industrial Estate,
Wimborne, Dorset, BH21 1HB, England. Tel: 01202 848352

9. News from the International Exchange Programme of ITP

The International Exchange Program
of the Institute of Transpersonal Psychology (ITP) (USA)
California, March 2008

The new International Exchange and Learning Program attempts to increase the exchange of ideas and diverse perspectives among scholars in Transpersonal Psychology from around the world. The inaugural colloquium in October 2007 was led by the Kyrgyz scholars Drs. Gulnara Aitpaeva and Elena Molchanova, and PhD-student Aida A. Alymbaeva. In their presentation, entitled " Transpersonal Psychology in Central Asia: "Searching between Spirituality and Science," the professors discussed their work, which investigated the ancient Kyrgyz tradition of worshipping at sacred sites. The work involved collaboration among local healers, ritual specialists, and clairvoyants who study Kyrgyz sacred spaces. Interestingly, the researchers discovered transpersonal psychology as a new paradigm, which allowed them to present their cultural heritage scientifically, and explained the connections between the national cultural heritage, epic poetry and cases of healing.

In February 2008 ITP welcomed Jan Mojsa, transpersonal psychotherapist and curriculum developer for counselors and psychotherapists at the Centre for Transpersonal Psychology as international guest speaker in our international exchange program. Jan was in California to study the mandala facilitation program with Judy Cornell. Jan's workshop at ITP explored the questions of what it is that makes a 'good' transpersonal psychotherapist and found great interest within ITP faculty and students. Our community was inspired by group discussions with Jan on our different (and similar) perspectives and clinical implications. Jan shared her research findings regarding this question and current dilemmas for practitioners and

the profession in the UK. Jan's visit was another highly valuable and beneficial experience of transpersonal collaborative learning.

Olga Louchakova, the International Exchange and Learning Program founder and director, and program coordinator, Regina Hess, are very excited about this new initiative. The next international exchange colloquium at ITP will take place in Fall 2008 with the president of EUROTAS Vitor Rodriguez, PhD, on the subject of parapsychology from a transpersonal perspective.

We are very thankful and grateful for the opportunity of diverse international exchange and learning to expand our global community.

THANK YOU SO MUCH.

Olga and Regina

Institute of Transpersonal Psychology
Coordinator of the International Exchange Program Coordinator of
Transpersonal Education and Research Specialization (TERS) PhD
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10. A Spring Note from Tanna

Dear Friends, I'm just back home after zen retreat with my dear teacher Sunya Kyolhede Sensei. This special time was full of wonderful energy of special teachings, Spring Equinox and Full Moon celebration. Deep inside I feel that my path of the heart has been confirmed and this is the source of strength and inspiration to continue this transformation process from the world of separation towards the world of compassion and connection. And especially now when Tibet and Dalai Lama are struggling for human rights and justice.

I wish you lots of good family and private time for rest, joy and togetherness.

with love, Tanna

11. The Eurotas Website

The Eurotas website is going to develop soon thanks to inputs from Ingo Jahrsetz, Elena Francisc and of course our webmaster David Allen. Please may I ask you to look at it from the point of view of your Association and yourself? What would you like to add to it? Are there any changes that should be made? Please use it and encourage others to do so it will develop. We now we have a chance. Vladimir

Maykov offered his website material to move the whole project forward. It needs your help. If you would like to offer some help please contact David or Ingo or Elena. Their details are:

Elena FRANCISC-TURNER efrancisc@efpublishing.ro

Ingo Jahrsetz ingobenjamin@gmx.de

David Allen david@serina.co.uk

12. Fleshing Out the Psyche

University of London Central School of Speech and Drama

Saturday 26 April 2008

1:45pm – 9:15pm

This day-conference aims to open up debate and exploration of the embodiment of psyche. As gesture, action and embodied play gather momentum as psychotherapeutic methods, there is an increasing interest in how the embodied creative process allows for the psyche to self-regulate.

The conference is dedicated to the work of David Holt, whose innovative thinking on the value of enactment has influenced the development of the Sesame approach.

The conference will focus on questions of the body in theatre and therapy.

For any further details about the conference please contact cett@cssd.ac.uk or visit www.cssd.ac.uk or telephone 0207 449 1571.

13. Romeck van Zeijl a transpersonal therapist

Dear Sir/Madam,

I was alerted to the existence of the Eurotas website today, via a friend, regarding the setting up of Transpersonal trainings in Psychotherapy. I am a Dutch psychotherapist living in the UK, where I am currently putting together a new four year training entitled the Psychotherapy of Awakening, which integrates the Body centered and somatic approaches with a transpersonal perspective, as well as the element of creative exploration. I also teach related subjects at the Iron Mill Institute in Exeter, (since 2003) and currently lead a supervision training in Slovakia. I would be interested to learn more about your project - I think it is wonderful that you are doing this! - and would like to offer my services as an experienced facilitator in the area of Transpersonal psychotherapy, counselling and supervision. I am attaching an overview of and concept for the new transpersonal psychotherapy training, which will start in September this year.

I look forward to hearing from you!

with kind greetings,

Romeck van Zeijl

My profile

There is that passionate spark in all of us that has never ceased to ask: "What is it to be human?" It's not an intellectual question – it's both visceral and compassionate. You can see it sometimes in children's faces: what's it like to dive deep into THIS experience of being human, in THIS moment? I've kind of made it my profession to ask it – it's at the center of my work, with groups and individuals, in therapy and supervision, even with the Gender-related work. It always opens a freshness, takes people onto new ground.

I describe what I do as Body-Centered, with a Spiritual or Transpersonal perspective – the teachers who continue to inspire me are A.H. Almaas, Saniel Bonder, Adam Bradpiece, and also Jo Hardy and Colin Harrison. I offer individual (and couples) sessions from my beautiful home in an eco-community in Totnes, Devon. I also teach at the Iron Mill Institute in Exeter, lead a supervision training in Slovakia, and run workshops on Intimate Relating, movement, and meditation in the UK and Germany. I am blessed to be stepfather of Callum (8), and am thrilled to be running

13. Good news from Pia and Casper

Pia Keiding writes: You may have heard that Casper and I got married on the 26th January, after being together for 12 and a half years! ('a kind of copper wedding'-celebration, too!).

We had the most blessed wedding day. Here is one photo as we walk down the church, just after the ritual. It was a day where we felt surrounded by love and joy; it seemed not only by human, but by divine light.

Much love to friends

Pia

You could ask Pia for the photograph - they both looked radiant and Pia was carrying a beautiful bouquet. (Needless to say Casper made it. A man of many parts!)

15. Last words

In 2003 there was an extensive article in the New York Times by Paul Berman about the religious philosophy of Al Qaeda and its debt to the Muslim philosopher Sayyid Qutb. It finished: "it would be nice to think that in the war against terror, our side too, speaks of deep philosophical ideas...but I have my worries. Presidents will not do this. Presidents will dispatch armies, or decline to despatch armies, for better or worse..... Armies are in motion, but are the philosophers and religious leaders, the liberal thinkers, likewise in motion? - one more worry ...and possibly the greatest worry of all"

This ties in with Jung quoted by Beata Bishop in the last Newsletter:

“Through scientific understanding, our world has become dehumanised. Man feels himself isolated in the cosmos. He is no longer involved in nature and has lost his emotional participation in natural events, which hitherto had a symbolic meaning for him...His immediate communication with nature is gone for ever.”

It makes one reflect on all this listening to the World Service of the BBC and the tales of woe from all over the fast globalising world. The proposed solutions seem to be resolutions, inspections and physical actions. There are few great movements of thinking and feeling, of values and morals. Perhaps there will need to be but how will they develop? The transpersonal approach is perhaps one small response to the famous Stalin question “How many battalions has the Pope?” “How many battalions has Al Qaeda?” is a similar question and Stalin did not live long enough to see the transitory nature of his question.

Please let the editor have material about your association or yourself - in any language with a translation into English which we will edit for you. Contributions should only be about 20 lines. Please do not send long contributions without editing them yourself as you know the most important points to include!