



## Newsletter 62

17<sup>th</sup> February 2011

**Newsletter Editor: John Drew**

**EUROTAS Board Members:** President Ingo B. Jahrsetz, Bernadette Blin-Lery, Jure Biechonski, Gennady Brevde, Dietrich Franke, Ingrida Indane, Pier Luigi Lattuada, Lyudmila Scortesca, Steven Schmitz , Magda Solé.

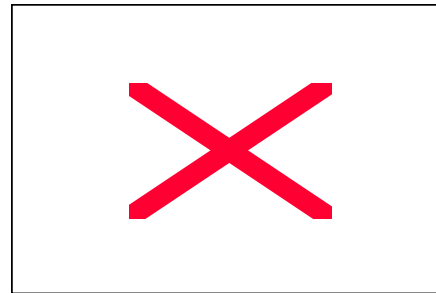
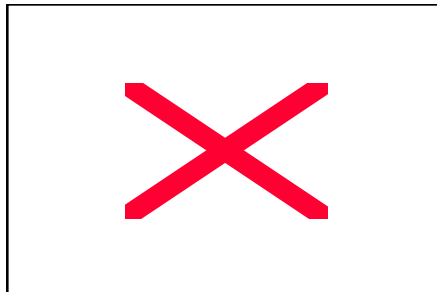
## Summary of Contents

There are many rich initiatives in this Newsletter – please let us know if you have similar conferences and we can include them if appropriate from wherever!

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## 1. Introduction of the 13<sup>th</sup> Eurotas Conference by the Eurotas President

Varna at the Black Sea is an amazing place. The first time I was there I could sense this remarkable blend of sociability and ease with an unquenchable thirst for truth and love, mixed with a fresh breeze from the Black Sea. What could be a better place for the 13<sup>th</sup> Eurotas conference focused around “Non-Ordinary States of Consciousness”?



Sometimes I think: If these states of consciousness would become more ordinary within peoples' life how miraculously the world would change. There would be less anxiety and more trust; there would be fewer power-struggles and more intimacy; there would be less inclination to war and more creativity. A sense of humor would shine upon conflicts that seem to be difficult to resolve; some dreamers would become awake.

“Enhanced states of consciousness” are like a finger directing to the absolute. Within psychotherapeutic processes they might be seen as one of the most effective tools for healing. Carl G. Jung said that healing might happen if the person's normal life is connected to the “numinous”. This is what “Non-Ordinary States of Consciousness” do. They are a spiritual tool in human processes of conflict resolving and growth.

“Enhanced states of consciousness” can be extremely empowering for artists of all kind. At present, we may witness a paradigm shift in many scientific disciplines. While the assumption of a dead material world has been questioned more and more, the consciousness of the researcher moves into the center of the awareness. It is the consciousness that creates the world.

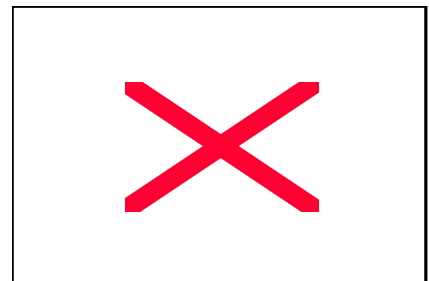
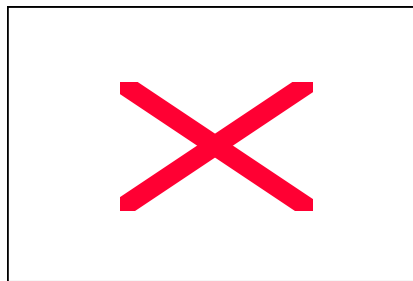
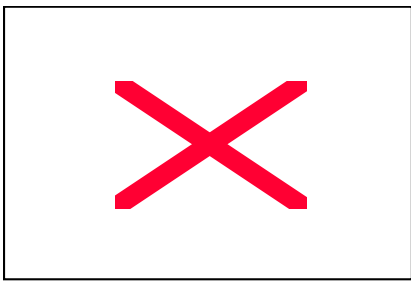
In future, “enhanced states of consciousness” may support the researcher in his field to bring awareness in the interconnectedness of the researcher and the research. Even future political decisions may be influenced by the work with “Non-Ordinary States of Consciousness”: decisions may be deepened and reflected by the intention to nourish and to cooperate.

The 13<sup>th</sup> Eurotas conference in Varna will become a platform for discussion und further initiatives. Members of Eurotas, experienced scientists and spiritual teachers will give their best to bring in information und to facilitate experiences.

2011 is the year when Stan Grof, one of the most important founders of Transpersonal Psychology and pioneer of the work with “Non-Ordinary States of Consciousness” will have his 80<sup>th</sup> birthday. Eurotas will have the honor of offering a celebration for him.

We are very grateful that Dr. Marian Gospodinov, Elena Evtimova and their team are courageous enough to organize this conference and dare to take this hot topic into their hands.

Freiburg/Germany 6/1/2011 Dr. Ingo B. Jahrsetz, President Eurotas



Elena Evtimova, Marian Gospodinov and Ingo B. Jahrsetz at Varna

## **2. Invitation of the Bulgarian Team to the 13th EUROTAS conference in Varna, Bulgaria 21-25 September 2011**

Dear Friends,

We would like to invite you to the most awaited and important transpersonal event of our coming year – the 13th Conference of EUROTAS which will be held in Varna, Bulgaria.

### **“Non-ordinary States of Consciousness and their Role in Human Culture: Bridging Differences”**

It will be a great honour for us if you accept to present your vision of the non-ordinary states of consciousness and share your wisdom and you may wish to contribute a workshop or talk to our activities. The European Transpersonal Association (EUROTAS) unites 26 European associations and we expect more than 300 participants from Europe and from all over the world. Please give us your reply as soon as possible.

The mission of the Conference is to explore the full spectrum of the states of consciousness: altered, discrete, ecstatic, enhanced, modified, holotropic, shamanic, healing, meditative, etc, which are different from ordinary, normal states of consciousness in which we are living in consensus reality. During this conference we hope to represent all the different kinds of such non-ordinary states, mentioned above, and reveal their big potentiality for healing, changing, improving, transforming ourselves and our communities, relationships, communications, our private and social environment.

Those non-ordinary states are doors for new experience, creativity and any novelty in the world. Every human achievement, discovery, creation, technology was originally transmitted to our world through non-ordinary states of consciousness. They are a way for discovering our real nature, connection with all beings and the Universe and bridging so many differences between cultures, nationalities, races and etc.

We want to review the role non-ordinary states has played in human history from the time of the first shamans 50.000 years ago to the discoveries of modern consciousness research, transpersonal psychology, and other scientific disciplines.

On this base using non-ordinary states of consciousness we could reeducate ourselves and create a new way of communication with more tolerance and understanding, a society which can exchange and accept different kinds of views and enriches the human culture.

### **Cooperating Institutions:**

International Transpersonal Association (ITA); European Transpersonal Association (EUROTAS); MAPS (to be confirmed); Association of Transpersonal Psychology and Psychotherapy, Russia; John Fetzer Institute (to be confirmed); Institute of Transpersonal Psychology (to be confirmed); California Institute of Integral Studies (to be confirmed); John F. Kennedy University (to be confirmed); Institute of Noetic Sciences (to be confirmed); Esalen Institute (to be confirmed); Association of Transpersonal Psychology (ATP); Windom University (to be confirmed).

### **Cultural Programme:**

Festivals of ethnical music. Performance "The Soul of Europe".

Festival of Transpersonal Arts (dance, instrumental music, chanting, paintings, sculptures, movies)

### **Presenters:**

Charles Tart (to be confirmed); Ralf Metzner ; MAPS; Michael Murphy (to be confirmed); Stuart Sovatsky; David Lukoff; Les Lancaster; Vitor Rodrigues; Bernard Lietaer (to be confirmed); Ervin Laszlo (to be confirmed); Olga Luchakova; Robert Frager (to be confirmed); Silvia Nakkach; Glenn Hartelius; Harris Friedman; Tanna Jakubowicz-Mount; John Drew; Steven Schmitz; Dr. Ingo Jahrsetz; Evgeny Krupitsky; Evgeny Faydysh; Vladimir Maykov; Dmitry Spivak; Victor Petrenko; Bronislav Vinogradsky.

### **Organizing Committee:**

Marian Gospodinov; Elena Evtimova; Elisaveta Parusheva-Dimitrova; Venelin Dimitrov; Vladimir Maykov; Ingo Jahrsetz; Les Lancaster;

You can read more about the Conference on its web site: [www.eurotas2011.com](http://www.eurotas2011.com)

Please send any queries to [mng1122457@hotmail.com](mailto:mng1122457@hotmail.com) , or [eurotas2011@batpp.bg](mailto:eurotas2011@batpp.bg)  
+359887236973

Looking forward to your reply,  
from Bulgaria, with Love,  
The Organizing Committee

### **3. Next Eurotas board and ECCA meeting**

The next meetings of the Eurotas-board will be in March, 28<sup>th</sup> to 29<sup>th</sup> in Monte Carmel / Italy and in June, 18<sup>th</sup> to 19<sup>th</sup> in Freiburg / Germany. If you have information for the board, points to discuss, suggestions for the Eurotas work – please mail it to one of our board members or to the Eurotas-office.

The next ECCA meeting will take place in June 2011, 15<sup>th</sup> to 16<sup>th</sup> in Freiburg. If you are interested to become certified by the Eurotas committee, please send your application as soon as possible to the Eurotas office.

We also will start accrediting institutes. Please contact us, and send us your application.

#### **4. Bernadette Blin: update on EAP application process**

In 2010, EUROTAS applied to The European Association for Psychotherapy (EAP) to be acknowledged as an EWO (European Wide Organization). This is a very important step for all the Transpersonal Psychotherapists, for Transpersonal Psychotherapy itself and for EUROTAS.

This would mean that Transpersonal Psychotherapy gets its place and recognition among the range of other psychotherapeutic methods. EAP and the professional world would consider us as one of them, because as we all know, Transpersonal Psychotherapy is serious, powerful and efficient and has to be represented in this professional domain

This would also mean that a training institute accredited by EUROTAS and member of a NUO (National Umbrella Organization) or a NAO (National Awarding Organization) would have the prerequisites that would automatically give the ECP to their students once they obtain their diploma.

This is a big challenge for all the Transpersonal Psychotherapists - a big step!

To get this accreditation, there is a long process and we had to fill a questionnaire with 15 questions and our candidacy was presented in July during the EAP meeting in Bucharest. Thanks to Vitor Rodrigues who took this difficult task to answer these 15 questions. He wrote a 35-page document.

We were not accepted in Bucharest but the committee asked for more information. Vitor wrote another 32-page document answering all their questions and critics. Once again, a good job!

The second EAP meeting took place in Paris at the beginning of October. And once again, we were refused. But, and this is very important to know, this created much troubles in the EAP board and some people offered their help and proposed us to come back for a new application in some months or years.

It seems that when a method is quite « new » it may take more time to be accepted. Transpersonal is not an easy thing to consider when you are not a « transpersonally committed person ». It seems bizarre, not serious, but misunderstood by some people and this is what happened. They also pointed out that the therapeutic process in Transpersonal Psychotherapy was not clear enough.

Beyond the disappointment, their answer brought us back to our responsibility in this process. We have to make improvements in our communication, to be much more clear, rigorous and humble at the same time. We have to develop a way of talking to the people who are not in the Transpersonal field, much more simple and be careful not to pretend that we have the solutions, that we are the best and so on.

At this point, during the next meetings of the board and ECCA, we'll work on these topics. With the help of some EAP board members, we'll finally get where we want and where we have to be.

Bernadette Blin  
Vice President of EUROTAS  
ECCA member

## **5. Report on the SEN Symposium at Cologne; Jo Schnorrenberg**

Hello, my report of the SEN symposium at Cologne in September 2010 will be on the EUROTAS website shortly. Bit here are some short extracts to give you a flavour of it and I hope you will be interested to read it in detail.

The speakers were Gestalt therapist Peter Schulthess MSc who is an EAP Board member and president of the European Association for Gestalt Therapy (EAGT), as well as president of the Swiss Charta for Psychotherapy and Professor Emeritus Wilfried Belschner from the Carl von Ossietzky University of Oldenburg who took up the task of representing the transpersonal approach.

### **“Transpersonal Psychotherapy: A Psychotherapeutic Process, a Psychotherapeutic Method, a Psychotherapeutic Technique?”**

This symposium formed the morning part of the program of this year's SEN meeting. Its central theme was briefly described at the beginning by the moderator as an attempt to examine critical outside perspectives on the transpersonal approach to psychotherapy. This seemed necessary and desirable (a notion which has only been reinforced by the symposium) in light of a tendency on the part of psychotherapists with a transpersonal orientation toward perpetual mutual reassurance during interaction at conferences and meetings. While the decision to disregard biased and generalized condemnations of transpersonal psychotherapy may be justified, a tendency on the part of the transpersonal “movement“ to stonewall outside criticism altogether is counterproductive: it robs the transpersonal concept of potential opportunities for growth and for acceptance within the psychotherapeutic community as well as within society overall.

If transpersonal therapy is to be accepted within the therapy community at large, it is to be measured by the standards that apply in this community. That is not to say that there is no room for transpersonal therapists to in their turn question how appropriate these standards may be. EUROTAS is currently striving for such recognition of transpersonal therapy within the European Association for Psychotherapy (EAP).

*(A note must be added about a decision which has been made since the SEN meeting: during a meeting in Paris in October 2010, the EAP rejected accreditation of transpersonal psychotherapy and expressly encouraged further development of the method in order to reapply for accreditation at some point.)*

The task at hand was to examine differences without regarding them as shortcomings: what is different about transpersonal psychotherapy? Wilfried Belschner titled his lecture “What is the healing quality of transpersonal psychotherapy?” At the beginning, he formulated the following thesis: “Transpersonal psychotherapy requires more and different skills than traditional psychotherapy.”

Peter Schulthess presented his critical notes under the title “Transpersonal therapy transcends the boundaries of psychotherapy”, which at the same time summed up the basic thesis of his lecture. In connection with this thesis, he asked a number of initial questions:

“Is transpersonal psychotherapy

- a path to spiritual maturation?

- a mission and a path to higher development for mankind?

- a religion?

- a form of psychotherapy?

And what are its theoretical and political implications?”

On the grounds of both its view of man and its therapeutic goals, Peter Schulthess argued that it cannot be counted among the forms of therapy founded in Enlightenment (“Aufklärung”) era thought. ... He argued in favor of keeping the areas of psychotherapy and religion separate, although he could definitely see how spiritual mentoring could complement and aid psychotherapy.

I would like to express my hope that the dialog with representatives of other schools of psychotherapy and other disciplines and professions be continued on a “small-scale” level.

Jo Schnorrenberg

## **6. Celebrating 40 Years of the Wrekin Trust**

Co-Creating in Momentous Times

“Out of the confusion of a crumbling society  
will emerge individuals who are touched by higher guidance.

These will inevitably flow together with others of like inspiration,  
and a new quality of society will begin to form.

This is the true adventure of our time.”

Sir George Trevelyan, Bt

Sir George Trevelyan founded the Wrekin Trust in 1971 and at that time it was one of the first providers of adult education in the field of spiritual development. Now, at this time of major shifts and changes in our world, the Wrekin Trust is working in collaboration with other individuals and organisations “of like inspiration” to respond to the evolutionary impulse towards a collective renaissance at a higher level of consciousness, from which we may truly care for the earth and for each other.

Increasingly the focus of our work is upon a realization of the co-creative part we all have to play together with higher worlds in the evolution of this new paradigm. You are invited to

contribute your own experience and fulfill your role as a co-creator in understanding, envisaging and manifesting this evolutionary shift, at A TRANSFORUM: Co-Creating in Momentous Times which will take place at Hawkwood College, Stroud, on 25-27 March.

A TRANSFORUM is a shared space for transformational exchange and co-creation that incorporates the transpersonal dimension. Within it we will look together behind the apparent turmoil in the world to what is really happening and what is required of us to bring the new paradigm into form.

For further details, please contact:

Carol Duncan    connect@wrekinforum.org    01243 572714

Janice Dolley    info@wrekintrust.org    01452 840033

## **7. News from the Ukraine and a request for comments**

Our friends from the Ukraine ask for any interest in research which they are doing.

We would like to share our results which perhaps can be of interest to EUROTAS members and may be for the Newsletter.

While relieving stresses with “Kinesiology - three in one concepts/one brain,” we discovered that standard behavioural kinesiology barometers are insufficient for working on a prenatal level. As a result of a 10-year study, higher dimension barometers were discovered.

Barometers enable the relieving of stresses obtained by a person in a prenatal period and during labour. However the most surprising was the realisation that the conception moment itself is also a stress, which then affects many stages in life. The major stress obtained during conception is violation of the harmony with the world, the choice or the lack of it, and destination – inevitability. The major stresses during first and second months of prenatal development are the states: choice – no choice, merger – separation, violation of the harmony with the universe. Following type of stresses obtained during the fifth – ninth months are violations at “barometer of destiny/karma” and the “BAROMETER OF WAY/ SPIRIT” and the “Barometer of reincarnation/ soul”.

In our work the new barometers appeared to give access to the initial stresses. The stresses then determine our attitude to different life situations and relation to the world as a whole.

The stresses found illnesses developing then after many years.

Some corrections shown that stress situations of mothers during pregnancy repeated in the life of their children and grand-children or had direct implication on them. It was also a wonderful discovery that the basis of relationship between children and parents is founded during prenatal development of the parent’s mothers. That is stresses during grandmother pregnancy directly influence not just children but also grand-children. On the level of physiology this can have a proof since Oocyte is formed in girl’s body during their prenatal development.

Also in the last half-a-year we found not just binary barometers but also barometers we called “triplet” or “wavelike.” These barometers allow relieving of stresses obtained during conception. Also we had few cases when the client’s body indicated the need to work in the past incarnations and it is here the wavelike barometers are primarily used.

I hope our studies will be of interest to others.

I would also be interested to know your personal opinion about the direction of our work.

With kindest regards,

Ievgeniia Makurina  
www.transpersonal.org.ua  
<http://indao.info>

## **8. Spiritual Emergency Book launch: Catherine Lucas**

Dear Friends and Colleagues,

I'd like to wish you well in all your projects for the coming year. I'm sure 2011 will offer us many opportunities to continue supporting the global awakening of consciousness.

It promises to be a particularly exciting year for me, with Findhorn Press publishing my book: "In Case of Spiritual Emergency: Moving Successfully Through Your Awakening".

Available for pre-order at:

<http://www.findhornpress.com/spirituality-18/in-case-of-spiritual-emergency-416.html?zenid=6t384jrnph3n0qhdtcbnep6f2>

Happy New Year to you!

Warm wishes, Catherine

Catherine G Lucas

Founder, Spiritual Crisis Network

[www.SpiritualCrisisNetwork.org.uk](http://www.SpiritualCrisisNetwork.org.uk)

Tel: 00 44 (0)1452 813 274

"In Case of Spiritual Emergency: Moving Successfully through Your Awakening."

Published by Findhorn Press

ISBN 978-1-84409-546-9

Launch date: 10 Oct 2011, World Mental Health Day

£9.99 \$16.95

## **9. Uzbekistan and the Catalan Transpersonal Association**

As a European Network, EUROTAS will publish notes in different languages to give wider publicity to activities in different countries.

Estimats amics, és un plaer per nosaltres inaugurar els sopars ètnics de l'Associació amb Uzbekistan com país protagonista. Què millor manera de conèixer un país que fer-ho a través del seu menjar!! El Jaume ens delectarà de nou, aquesta vegada amb cuina típica Uzbeka. Aprofitarem doncs per presentar-te el viatge d'Uzbekistan que tindrà lloc del 6 al 13 de setembre d'aquest any.

"Gaudeix d'úniques experiències al cor de l'Àsia Central. Terres que alimenten els sentits amb els perfums, colors i sabors a la ruta de la seda. Escolta els sons del silenci del desert i puja les escales de la consciència."

Un pelegrinatge als llocs més emblemàtics, en companyia de coneixedors com el Jaume Mestres i la Magda Solé.

On: Associació Catalana Transpersonal (A.C.T.), C/Granados 5

Quan: 21/01/2011; 21:30  
Preu sopar: 18 €  
Preu socis: 14€  
Es prega confirmació prèvia  
Tania Seoane

ASSOCIACIÓ CATALANA TRANSPERSONAL (A.C.T.)  
"Un punt de trobada entre la Psicologia i l'Espiritualitat"  
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08017 Barcelona  
Tlf:932800989/620235069  
[www.facebook.com/Transpersonal](http://www.facebook.com/Transpersonal)  
[www.act-transpersonal.blogspot.com](http://www.act-transpersonal.blogspot.com)

## **10. News from GRETT in France**

Prochaine FORMATION à la RESPIRATION HOLOTROPIQUE  
1ère session du 16 au 20 novembre 2011

Cette formation qui démarre tous les 2 ans et demi en région parisienne ouvre à nouveau ses portes fin 2011. Elle s'adresse à vous qui souhaitez approfondir votre cheminement personnel ou acquérir la maîtrise d'un outil performant dans votre pratique de thérapeute.

téléphone au +33 1 30 37 17 31

Next training in Holotropic Breathwork at IRETT in France and in French

Starting with a first module in November, 16th to 20th, 2011 (near Paris in a beautiful place called Chateau de Méridon in the Chevreuse valley).

For more information, see IRETT website : [www.irett.net](http://www.irett.net) or call +33 1 30 37 17 31 or email at [info@irett.net](mailto:info@irett.net).

## **11. News from Integral Transpersonal Journal**

Dear friends, we are working to the next issue of ITJ. There will be articles of Stan Grof, Ervin Laszlo, Stanley Krypner, Glenn Hartelius among others.

New articles from Eurotas members are accepted. Please send it to:

[transpersonal@fastwebnet.it](mailto:transpersonal@fastwebnet.it)

To download number zero for free, please see [www.integraltranspersonal.com](http://www.integraltranspersonal.com)

## **12. Communication in Eurotas: Call for Video Clips**

This is a call for making short video clips within your national working groups for our Eurotas website.

At Christmas, I had a skype call with Ingrida from Latvia and we did reflect the possibilities of reworking the Eurotas website. The basic idea is to support communication within Eurotas and making the website more attractive for readers from other fields.

We worked out a first basic and leading question for making a clip:

**„What does transpersonal mean?“**

During your next group meetings, each member of your group may reflect and answer this question in two or three sentences while recording it. All together, it shouldn't be longer than a few minutes, just making short statements to the leading question.

A video clip is a common medium in internet forums and on websites of organisations for showing the ideas, the personalities, the tasks and the spirit of an organisation. For example, you may have a look on each other website in the spiritual field, like [AndrewCohen.org](http://AndrewCohen.org) or other websites.

When having produced your clip, please, send the clip on CD or stick to the Eurotas office [mail@eurotas.org](mailto:mail@eurotas.org) where it will be put into the website.

We also have an invitation from Lyudmilla from Moldavia to be part of a new internet platform. More about this at a later time.

Regina Beller, M.A., „Forum Transpersonal“, Freiburg / Germany

### **13. News from Perspectives**

Dear Perspective Members and friends

A warm welcome to you all joining our list of events and the transpersonal family of Ian and Barbara. We hope that we can provide as warm a welcome to you all as Dorothy has done with the fabulous programme of events over the years. We will be working towards making sure you are all aware of the range of events from the current year's programme up to June and then new programmes for 2011-2012 and other exciting things we have planned.

The first one is attached and it is a half day offered by our highly esteemed and talented colleague Beata Bishop on Saturday February 19th.

If you want to join us on that date please get in touch with Jeremy Brooks who you will all have probably met in his role as the Treasurer of Perspectives. He is our Company Secretary for The Centre and the person taking booking for events. We look forward to seeing you at one of our events. If you have any questions about the kinds of workshops planned please don't hesitate to get in touch with me.

Best regards

Karyn Fletcher

Chair, Education Committee for the Centre

### **MEET YOUR BODY-MIND**

#### **A Workshop led by Beata Bishop**

It may not be obvious yet, but there is a silent revolution afoot. It concerns our understanding of how much autonomy we can gain over our existence, by honouring the link between our body and non-body.

Some 400 years ago the French philosopher Descartes claimed that body and mind were two separate entities which had nothing in common. Western medicine has been ruled by that view ever since, which deprives it of a powerful tool of healing.

Only in the early nineteen-seventies was the bio-molecular basis for our emotions scientifically demonstrated. Psycho-neuro-immunology (PNI) was born, proving that one's thoughts and feelings had a direct measurable influence on the functioning of the immune system, the chief defender of health. Today world-wide research produces more and more data to demonstrate the unity and interdependence of body and mind, psyche and soma, in health and in sickness.

You have more influence over your well-being than you've ever suspected. But once you've understood that your every thought and emotion is a biochemical act, directly affecting the wonderful live precision instrument that is your body, you must review your everyday way of being: does it serve or hamper your health, your relating to others and to the world?

In this workshop a blend of theory, mini-exercises and visualization will shed new light on Body mind, our indivisible true self. We'll look at our potential for self-healing, at the unsuspected influence of food on all aspects of life, and at the therapeutic possibilities these insights open up for us.

Beata Bishop is a writer, psychotherapist and lecturer, working along Transpersonal and Jungian lines. Her special interest in the body-mind link in sickness and health stems from her own experience of life-threatening illness and long, slow recovery. She works in private practice in West London.

Date and time: Saturday February 19th 2011, 10am – 1 pm

Venue: 'The Bridge', near London Bridge, see: [www.bridgepsych.com](http://www.bridgepsych.com)

Fees (including £20 non-refundable deposit): Members: £50, Non Members: £75.

Early bird booking – pay in full by December 19th take off £10

Booking: To reserve a place in the first instance, please contact:

Jeremy Brooks, the Centre for Transpersonal Psychology, 01727 751420 or

Bonjour à toutes et à tous,

## **14. News from Findhorn**

'Whatever you can do or dream you can begin it.

Boldness has genius, power and magic in it.'

Goethe

Happy New Year from the Findhorn College Team!

An abundance of snow and ice have now melted away, the days are short and there is a quietness around which when you breathe it in can be magical. The beginning of a new year offers time and space for new intentions as well as reflection & insights.

We are including our complete 2011 Findhorn College Program in this January Newsletter so

you can plan ahead for the year!

Already in April, we will launch two new programmes:

Peacebuilders Seminar

Communication & Mediation Skills for Peace with  
Isabelle Duquesne

This seminar will guide you through conflict resolution and management. You will explore inter-cultural communication issues and exercise mediation skills for peace processes. Suitable for those who work in potentially combustible environments or are interested in creating peaceful solutions in these challenging times.

More info...



MSc in Sustainable Community Design

In this Findhorn Module, developed in co-operation with the Heriot-Watt University in Edinburgh, students will gain first hand experience of integrated community and ecological settlement design and applications of low and zero carbon technologies (LZCT).

More info...

Our well established & successful core programs:

Learning English in Community - a four week English course with lots of Findhorn Experience

Healing through Art - two weeks of 'making visible and becoming visible'

Findhorn Community Semester - a new group of 12 students from the US will arrive in less than a month!

## **15. News from Serge Beddington Behrens**

Dear Friends and Colleagues

The last year has been a very very difficult one for me but now I have emerged with my usual dedication and enthusiasm for helping people re-connect with their inner lives. Please call me or email for more details of my work in Majorca and through the internet

### ***SPIRITUAL RETREATS IN MAJORCA***

Helping people re-connect with their inner life.

This is the tenth year of doing my week-long retreats, which again focus on the 'Via Positiva' or building up our quota of joy, love and spiritual abundance.

The first retreat is from June 11- 18 and is entitled 'LIVING WITH ABUNDANT HEART', the second, from August 13-20, is entitled 'LIVING THE VIA POSITIVA.' On these retreats, we pray and meditate, play music, share stories, eat good food, explore loving camaraderie, visit sacred sites and spend a lot of time on beautiful beaches.

Here, either as an individual or as a couple, you will come out and stay with me in Majorca, for five, seven or ten days (depending upon what you want and how much time you have) and I will be continually at your service throughout the day to support you for as many hours as you want, to explore whatever areas of your life you wish to focus on. Before coming out to me, we will have agreed beforehand, a specific structure for our work.

[www.sergebb.com](http://www.sergebb.com) Mobile: 00 44 7968 113 075  
with love, Serge

## **16. World Spirituality is launched**

WORLD SPIRITUALITY: Spirit's Next Move

A lecture series hosted by Mariana Caplan, PhD. at The California Institute of Integral Studies

Evolving a World Spirituality is the urgent need and great adventure of our time...

The yearning to articulate a World Spirituality is rippling across the globe in the hearts and minds of tens of millions of people. They are searching for the "pattern that connects"-a compelling universal set of spiritual principles by which they can live, yet cannot find within the confines of conventional religious institutions. For some people, the classical religions have lost their power. They seek a path of practice and commitment that transcends the traditions. For others, their intuitive desire is to transcend and include the traditions. They seek to live as dual citizens, rooted in their tradition, even as they locate themselves as citizens in the broader community of World Spirituality. It is now possible not only to be a dual citizen of two countries, but also to remain committed to one's native religion or chosen spiritual tradition while at the same time being a citizen of World Spirituality.

Join us for this groundbreaking series of dialogues between author Mariana Caplan

and six of the cutting-edge teachers and innovators of our time, representing diverse religions and spiritual traditions, as we explore this timely subject.

Mariana Caplan, PhD, is a counselor, professor of yogic and transpersonal psychologies, and the author of seven books in the fields of psychology and spirituality, including *Eyes Wide Open: Cultivating Discernment on the Spiritual Path*, and *Halfway Up the Mountain: the Error of Premature Claims to Enlightenment*. Mariana resides in the San Francisco Bay area, and is an adjunct professor at the California Institute of Integral Studies.

#### EVENT DETAILS

All lectures are 7:00 PM-9:00 PM

CIIS Main Building

1453 Mission Street, San Francisco

Full Series: \$90/\$60 members and CIIS Community

Per Evening: \$18/\$12 members and CIIS Community

#### SERIES SCHEDULE

February 3: Claudio Naranjo - Thoughts on an Integral Spirituality Curriculum

February 17: Andrew Harvey - The World Crisis and Sacred Activism

February 24: Matthew Fox - Mystics and Prophets: Pushing the Restart Button on Christianity

March 18: Reginald Ray - Beyond Buddhism to the Spirituality of the World

April 7: Tami Simon - Many Voices, One Journey

April 28: Roger Walsh and Frances Vaughan - Essential Spiritual Practices for Everyday Life

## **17. Contemplative Fire**

Dear Contemplative Fire friend

‘Claiming Your Belovedness’ a Henri Nouwen Retreat-Workshop, 18-20 February, led by me on the basis of my book/CD interview with Henri. For booking form for this weekend, also at Whirlow Grange, please see website

This event springs from the creative collaboration and crossover in two of my primary responsibilities, Contemplative Fire and Whirlow Grange Spirituality Centre.

Warmest wishes

Philip

Philip Roderick  
Contemplative Fire - 0114 262 0655  
www.contemplativefire.org  
Registered Charity No 1106392

### **Claiming your Belovedness**

Henri Nouwen Retreat-Workshop

Led by Philip Roderick

at Whirlow Grange Spirituality Centre  
Friday late afternoon 18 Feb to Sunday afternoon 20 Feb  
£155 residential; £105 non residential  
Venue: Whirlow Grange Spirituality Centre  
Whirlow Grange Drive, off Ecclesall Road South  
Sheffield, S11 9PZ

How is it that so few of us truly feel ourselves to be deeply loved and lovable? If love is the core word of the Christian story, how can we get past or underneath the wounds and the vulnerabilities that seem to inhibit our feeling of being 'the beloved'? This retreat-workshop will explore these questions in the company of one of the finest Christian characters of the 20th century.

Philip Roderick had the privilege of interviewing Henri before his death and the questions and answers on the tape/CD of that conversation will form the core element of this retreat - workshop. The interview, fully transcribed in Philip's book "Beloved: Henri Nouwen in conversation" (the book includes the CD). \* The book will provide the raw material for us to work on and apply to our own lives.

Henri's vulnerability, deep compassion and everyday wisdom will undoubtedly connect with you profoundly. Allow the gentleness and strength of the Holy Spirit to guide you in this Whirlow weekend. Find access to resource and a strengthening of your resourcefulness for the next stage of your journey.

Philip is Bishop's Adviser in Spirituality in the Diocese of Sheffield and Chaplain to Whirlow Grange, Community Leader of Contemplative Fire and Founder-Director of The Quiet Garden Movement.

\*'Beloved: Henri Nouwen in conversation'. Revd Philip Roderick. 2007. Canterbury Press, Norwich. Cost £9.99.

Copies may be obtained from Philip Roderick via the Spirituality Centre office, from Amazon or any good bookshop.

## **18. Last Words**

"Pilgrimage to the Cedars of Lebanon"

The painting "Pilgrimage to the Cedars of Lebanon" by Tivadar Kosztká Csontváry is a celebration of the magnificence of nature and the dignity of human spirit. Let us hope in the renewal of humanity in the years to come.

Tivadar Kosztká Csontváry: Pilgrimage to the Cedars of Lebanon, 1907

Hungarian National Gallery, Budapest and recently exhibited at the Royal Academy, London

Nothing new under the Sun

“The first thing I have to say respecting what are called new views is that they are now new, but the very oldest of thoughts cast into the mould of these new times. The light is always identical in its composition, but it falls on a great variety of objects, and by so falling is first revealed to us, not in its own form, for it is formless”

From “The Transcendentalist” a talk by R.W. Emerson in 1842