

EUROTAS SOCIETY FOR TRANSPERSONAL PSYCHOTHERAPY (ESTP) ESTP COMMITTEE FOR CERTIFICATION AND ACCREDITATION (ESTP/ECCA)

The ECTP can be obtained by direct award for psychotherapists certified by an EUTI (EUROTAS Accredited Institute of Transpersonal Psychotherapy - use the document "Registration form for professional members from accredited institutes) or by Grandparenting (read the document about Grandparenting Procedure).

GENERAL CRITERIA FOR THE CERTIFICATION PROCESS

1. **Basic studies – university degree or equivalent (1800 h)**
2. **At least 4 years of professional training, practice and supervision (1150 h) + self-exploration (250 h)**

2.1. SELF-EXPLORATION THROUGH EXPERIENCE

2.1.1. Self-exploration criteria

3 years and at least 250 hours practice in an EUROTAS acknowledged transpersonal psychotherapeutic method before and during the training. Self exploration hours would be separate from the training.
(NOTE: academic hours are 45 minutes)

2. 2.THEORETICAL BASE

2.2.1. General theory

100 hours including:

- A basic understanding of different psychotherapeutic approaches (cognitive-behavioral, psychoanalytic, humanistic, systemic etc.)
- Theories of human development throughout the life-cycle
- Psychological theories of change
- Theories of psychopathology and diagnosis
- An understanding of social and cultural issues in relation to psychotherapy
- Theories of assessment and intervention

2.2.2. Transpersonal theory

150 hours including:

- History of the transpersonal movement
- Knowledge of different spiritual traditions
- Transpersonal theories of change
- Overview of transpersonal techniques and tools
- Maps of human consciousness

- Transpersonal theories of human evolution

2.2.3. Psychopathology

150 hours including:

- Personally oriented psychopathology (classical pathology)
- Transpersonal view of psychopathology
- Spiritual and existential crisis
- Spiritual emergency and spiritual emergence
- Psychospiritual understanding of psychosis

2.3. METHODOLOGY

2.3.1. Knowledge of different transpersonal approaches and core techniques in transpersonal psychotherapy

100 hours

2.3.2. Training in a specific transpersonal psychotherapy method

200 hours

2.4. PRACTICE AS A TRANSPERSONAL PSYCHOTHERAPIST

3 years (300 hours) practice using specific transpersonal methods with 5 individual clients or 5 group clients (Professional practice can start during the study years)

2.5. SUPERVISION FOR THE TRANSPERSONAL WORK

- 150 hours (confirmed by your supervisor)
- In addition the therapist must be in continuous supervision

3. FEES for the ECTP – European Certificate for Transpersonal Psychotherapy

Application fee: € 100,-

This fee will be paid upon each candidate's application for the ECTP. If the candidate is approved, he will receive the ECTP and become a professional member of EUROTAS and its Society for Transpersonal Psychotherapy (ESTP - professional branch of EUROTAS). From then on, keeping the ECTP and the membership to this Society implies an annual fee of € 80.

4. Application process

Each candidate will complete the APPLICATION FORM for the ECTP and send it by email to the ESTP Committee for Certification and Accreditation (ESTP/CCA), accompanied by:

- 1) a detailed Curriculum Vitae (please include information about your basic studies, degrees obtained, personal psychotherapy /self exploration/, trainings as psychotherapist, transpersonal trainings, professional practice as transpersonal psychotherapist, supervision, topic of your dissertation, publications);
- 2) scanned copies of relevant diplomas and certificates (basic studies and psychotherapy trainings);
- 3) signed attestation from your supervisor/supervisors;
- 4) photo (JPG)

The email address to be used: mail@eurotas.org (please put as a subject "EUROTAS Certification")
The application will imply paying the application fee for the ECTP.
The ESTP/CCA will consider carefully each proposal and give an answer as soon as possible.

5. Revalidation of the Certificates and Continued Professional Development (CPD)

5.1. The certificates are required to be revalidated every 7 years.

5.2. Revalidation is free and the candidates are required to give evidence of continued professional development at an average of 50 hours per year. This can be fulfilled in the following ways:

5.2.1. Advanced or additional professional psychotherapy courses (Please list the details of the provider (institute), a synopsis of the course, and the number of hours for each course on a separate sheet.)

5.2.2. Professional supervision (for psychotherapy practice, clinical work, group work) or peer supervision (Please list this on a separate sheet with the name of the supervisor/institute, hours of each supervision, and the total of number of hours.)

5.2.3. Psychotherapy conference or symposium attendance (participating in at least 2 national or international transpersonal conferences required). Please list the title, date, and organization for each event on a separate sheet and include the number of hours of session time attended for each. Please attach copies of all conference attendance certificates.

5.2.4. Professional activities in psychotherapy (Such as, being elected to a board or a committee and attending meetings. Please list the organization, dates of board or committee meetings, and the number of formal hours of each meeting on a separate sheet.)

5.2.5. Participation in extra psychotherapy training as a supervisor, researcher, or teacher (Please list the title, date, and organization for each training on a separate sheet and include the number of hours.)

A minimum of 350 hours are required and shall consist of no more than 75 hours from any one of the above categories.

6. Advantages of the ECTP

- To be included in the EUROTAS Directory of Certified Psychotherapists on EUROTAS Website
- Recognition of competence
- Membership in the EUROTAS Society for Transpersonal Psychotherapy (ESTP - professional branch of EUROTAS)
- A place for articles sharing and publication

7. The ESTP/CCA Committee

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